

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ryan Ebedes

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 01:06:46

PACE 05:07/km

OVERALL 3 of 108

27 January 2019, Sun

Date

GENDER 3 of 69

40 - 49 2 of 30



BoutTime

Signature